In a recent newsletter I spoke about the channels of communications within the school and how important this was now that our school has reached over 200 students. There is one exception to this rule, and that is anything regarding incidents of bullying. These need to come straight to me.

Personally, I believe bullying to be a totally disgraceful and disgusting act. Bullies need to be dealt with quickly and severely. I also believe that bullies are cowards. Bullying and harassment are all about the mis-use of perceived power. That power may be in terms of physical strength or authority. It is never okay and we need to teach our children to understand that the victim is never to blame.

Acts of bullying can include physical acts such as hitting, punching, pinching or tripping. It can also be emotional or psychological, such as making threats, name calling, excluding, gossiping and spreading rumours. All of these forms of bullying will leave lasting scars.

Over the next few weeks I will be including some pieces out of the School's Anti-bullying Policy in our newsletter so that parents are aware of the actions that school will take if a child engages in bullying behaviour, as well as help parents to have a discussion with their children if they believe that their child may be being bullied at school, at home or in the community.

Parent Session – “How to help my child in high school”

Wednesday 4th March 2015, starting at 7pm, I will run a workshop for parents of school students called “How to help my child in high school”. We understand that high school can be a tough time for parents and students alike.

Topics covered will include:

* Remaining Positive
* Organisation Skills
* Homework
* Here & Now
* Trust
* Teenagers
* Resilience
* Encouragement

I am encouraging all parents who have students in years 5 to 12 to come along for an evening where I hope you will gain some strategies and understanding in helping your children not only survive but thrive in high school.

I trust you will come along to this evening

God Bless

Graham
**SCHOOL CALENDAR & NEWS**

- **Primary Assembly** every Monday at 2.20pm
- High School sport is on **Wednesday Week A** (sports uniform for High School)
- High School PE is on **Fridays** (Week A&B sports uniform to be worn Year 7-10 only)
- School Banking Day is **Thursday**

**K-6 LIBRARY DAYS:**
- **Tuesday - K, 1, 2**
- **Wednesday - 3, 4**
- **Thursday - 5, 6**

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**TERM 1 CALENDAR**

- **Wednesday 4th March - 7pm Parent Session** - ‘How to help my child in high school’
- **Tuesday 17th March** - Parent/Teacher interviews - *please note the change of date*
- **Wednesday 18th March** - Parent/Teacher interviews - *please note the change of date*
- **Wednesday 18th March** - Years 7, 11 &12 Immunisations
- **Tuesday 24th March** - K-4 Shire Library
- **Thursday 2nd April** - Pink Stumps Day

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**SCHOOL PHOTOS**

Over the next couple of days, your children will be bringing home the envelopes for school photos. This year we are very excited to be partnering with MSP photography from Young.

* It is very important that your children don’t loose their envelopes as each student has their own unique code.
* In order for us to make sure everything is ready and completed before School Photo Day, it **is imperative that all student envelopes are returned to the school office no later than: Monday 23rd March 2015.**

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**COMMUNITY BAPTIST CHURCH**

**ALL WELCOME TO JOIN US FOR OUR**

- **Sunday Worship Service - 10am @ the School Hall**
- **School Dedication Service -**
Swimming Carnival Report

Friday 20\textsuperscript{th} February saw our annual swimming carnival take place with an array of colourful red, blue and purple support from each of our team houses, from cookie monster outfits to purple and blue tulle. Everyone had a great time dressing up and participating on the day. An exceptional number of students participated in this year’s carnival, which has seen 29 students heading away for zone on the 27\textsuperscript{th} February in Orange. It was fantastic to see the number of students cheering and encouraging each other throughout the day, and students having a go at a variety of events. We would like to thank all students who participated, who encouraged each other on the day, the parents who helped out and also all of the staff for your hard work and helping out throughout the day. You are to be commended PCS on a fantastic day, a great spirit was maintained, which the pool staff commended you all on how fantastic you were! So well done, congratulations again to all our students, and we wish all our zone competitors all the best!

Miss Peterson
Pink Stumps Day

Pink Stumps Day is an initiative of the McGrath Foundation giving cricket communities all over Australia the chance to have the magic of the Sydney Pink Test in their own backyard. Pink Stumps Day is now in its fourth year and the McGrath Foundation is aiming to raise $1 million this year, so they need your help!

Since the first Pink Stumps Day in 2011, more than 2,500 communities right across Australia have participated and helped raise more than $2.3 million for the McGrath Foundation and here's your chance to be part of the fun!

The McGrath Foundation has helped support over 21,000 families in Australia experiencing breast cancer, with 86 McGrath Breast Care Nurses (as of October 2013) working in communities right around the country.

How are you involved?

Parkes Christian School will be holding a Pink Stumps Day on Thursday 2nd April 2015 in order to raise money for the McGrath Foundation, whilst having some fun, playing cricket and dressing up in pink. On the day:

- Bring $2 for wearing pink clothing to school
- Bring money for a BBQ lunch

As a school, we need to raise a minimum of $500, so make sure you jump on board so we can try and raise more money than this! You can donate on our Parkes Christian School page using the following link:


You can also donate money in the McGrath Foundation boxes located at school. More information about the day will be coming your way in the next few weeks! So make sure you let your family & friends know, share our page with them and jump on board to raise as much money as we can for this great cause!

God bless,
Miss Peterson
Absolute last chance.. Must be back to the office by 15th March 2015!!!

Parkes Christian School Parents and Friends

Would like to personally invite you a member of our school family to leave a lasting footprint at our school. As a major fundraiser for 2014/2015 we are aiming for a lovely paved area.

Buy a brick and you not only have your name permanently etched in our history for all to see but will also help us raise money for an outdoor sporting equipped circuit which will also leave a lasting footprint. Don’t worry you don’t have to personally use the circuit only fill in the form below and return to the office by the 15th March 2015 with payment. Please use block lettering and write clearly as possible to avoid printing mistakes.

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I am paying by credit card at the office  
I have included the cash with this order  
I have included a cheque with this order  

If you have any further questions, please do not hesitate to contact Cathy Francis on 0437 505 460 or cnap753@outlook.com

HURRY LAST CHANCE, REMEMBER TO BE REMEMBERED
**Community Announcements**

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**Stitch Kids**

For K-6 kids who love sewing or want to learn to sew.

**When:** Once a month plus additional days in the school holidays.

**Time:** 10.30am - 1pm Saturdays

**Where:** 22 Mengarvie Rd

**Cost:** Small annual cost for insurance and materials.

For more information contact Helen Westcott on 0268623995 or 0412444452 or email www.kadinabnb.com

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**Try Rugby Program**

**Venue:** Simpson Oval, Parkes

**Date & Time:** Fridays 5.30-6.30 from SQ

**Cost:** $10 for Try Rugby Program

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**ANZ Hot Shots Tennis**

ANZ Hot Shots tennis is the fastest growing junior sports program in Australia with more than 200,000 kids aged 4-12 yrs registered.

If you would like to be part of Hot Shots Tennis in Parkes it runs after school on Mondays, Wednesdays, Fridays at the town courts.

The 8 week program costs $85 and includes a FREE racquet and t-shirt.

Ratios of coach to player is 1:4 so plenty of personalised attention is assured.

Next program starts on Monday February 9th. Register today by phoning Helen Magill on 0407253888 or email helenmagill@bigpond.com

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**Sparks Kids Club**

Sparks is a mid-week church program for children in primary years 3-6. The program includes games, Bible talks, memory verses and chat groups, singing, dinner and more games.

For more information call or email STARKS coordinator - Julie Taylor, 0427 666 018 or email: drayton0875@gmail.com or Jenna Field: 0417 250 728.

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**Private Music Lessons**

In school or after school are now available.

Beginner to advanced:
- Guitar
- Bass
- Drums
- Vocal and Music Theory

Charges: $30.00 for 30 minutes
$15.00 fifteen minutes

If there is interest, please contact 042146261 or fill in name and contact details and leave with front desk.

Name/age: ........................................

Instrument: ....................................

Phone: ...........................................

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**Girls, get into the T20 Action**

SUPER FUN, SOCIAL AND ACTIVE IT’S CRICKET AND IT’S A BLAST!

GIRLS ONLY

SUNDAY 8/03 MIDNIGHT

SIGN UP AT T20BLAST.COM.AU

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**St George’s Anglican Church**

**TERM 1 in 2015**

**TUESDAY**

Little Acorns: 10am - 12pm

(Drum Hall)

Toy Library: 1.30pm - 4.30pm

(Drum Hall)

RECOMMENCE 2 FEBRUARY 2015

**FRIDAY**

(Spinner Hall)

Kid’s Club - 4 - 6.30pm

(SPINNER HALL)

Youth Discipleship - 6:7pm

Youth Group - 7 - 8.30pm

(SPINNER HALL)

RECOMMENCE 2 FEBRUARY 2015

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**ANZ Hot Shots Tennis**

Come join one of the fastest growing junior rugby clubs in country NSW!